



Regular Giving

The main reason why we can help so many people is because of people like you.



Over 150,000 people make a difference by agreeing to donate a small part of their salary or pension to us. Without their regular contributions, the majority of the 6,600 people that needed our advice and funds last year just wouldn't get the help they require.

Most of our regular supporters are recruited by our team of Regional Development Officers, stationed around the UK. They visit workplaces across their area to raise awareness of the Fund, and encourage staff to become a regular donor.

[More About Regular Giving](#)

[How It Works](#)

[Meet The Regional Team](#)

(Also includes Regional Services Co-ordinators)

[How To Donate](#)

[Arrange A Workplace Visit](#)

Make A Donation



Make an online donation and get things done for thousands of people needing our support.

[Donate Online](#)

Help and Advice



We helped more people than ever before in 2009. You can find out all the facts, figures, and stories, by reading "Rely On Us" - the 2009 CSBF Help Report.

[Download our Help Report](#)

Fundraising

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There are plenty of ways to support the Fund; from becoming a regular donor, to taking part in a sponsored event.

[CSBF Fundraising](#)

Everyclick



- Search the web and raise money for the Fund by using Everyclick.com.

[CSBF Search Engine](#)

Get in Touch



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